

Hampshire Road Race League (HRRL) update by Zoe Barton

We are now half way through our first season as members of the HRRL, with 5 out of the first 6 races being represented by members of Fleet and Crookham AC.

A few of the early races were a bit further afield, down on the south coast but were well enjoyed and produced several personal bests! Personally, Tom and I just liked the excuse to get away for the weekend at the recent Ryde 10 mile; a challenging 'hilly' coastal route with about 500 runners on a cold but beautifully clear winter day. The next race in the HRRL is our own Fleet Half Marathon, which many club members have already signed up for. The remaining races and dates are:

Salisbury 10 mile (14th April), Alton 10 mile (12th May), Netley 10km (19th May),

Alresford 10km (16th June), Lordshill 10km (30th June)

It is worth signing up sooner rather than later as places tend to fill up in advance of deadlines. It would be great to see some full teams out, especially at the events closer to home, lift sharing can also be organised. Apart from the Netley race all the remaining HRRL fixtures are also included races in our own club Road Race Championships.

As this is our first year as members, teams are automatically allocated to the C division. The top team in the C division is promoted at the end of the season to the B division. Scoring in races is along similar lines to the Cross Country leagues with 3 women and 4 men needed as a scoring team. Currently, the women's team is in 4th place and the men's in 5th. The best 8 races out of the 12 are counted for the women at the end of the season and the best 9 for the men.

For more information, links to the races and all the stats do have a look on the HRRL website <http://www.hrri.org.uk/default.htm>